

## OBSERVE IN ORDINARY LANGUAGE

# Last-Days Veterinary Conversation Prep

Organize observations, family questions, and what still matters without turning care into a score.

There is no need to convert a loved pet into a number. Record changes and moments so the veterinarian and family can discuss them clearly.

## Current context

Pet name and age

Diagnosis or concern in my own words

Recent veterinary visit

Medicines and timing

## What I am noticing

Eating, drinking, toileting, and sleep

Movement, breathing, comfort, and rest

Interaction with people, pets, and surroundings

Favorite routines that still happen

Changes that are hard to describe or seem to come and go

## Urgent changes

Ask the veterinary team now which signs require emergency care. Severe breathing difficulty, collapse, uncontrolled bleeding, repeated seizures, inability to urinate, or severe unrelenting distress require immediate professional guidance.

PREPARE THE HUMAN CONVERSATION

# Last-Days Veterinary Conversation Prep

Organize observations, family questions, and what still matters without turning care into a score.

The goal is to make room for questions and differences, not to force agreement through a worksheet.

## Questions for the veterinarian

What changes are most important medically?

What can be treated, managed, or made more comfortable?

What might the next days or weeks look like?

What signs mean the plan should change?

Whom do we contact after hours?

How can we prepare for each available care path?

## Family notes

What the pet still seems to enjoy

What feels hardest right now

Where family members see things differently

What we need explained before deciding anything

## No decision is made here

Bring this sheet to the veterinary team. Decisions should be grounded in the pet, clinical assessment, available care, and the people responsible for them.

## Follow-up plan and contacts